

# DIGEST



Digest is a broad-spectrum digestive enzyme formula designed to support the digestion of fat, protein, carbohydrate, fiber, and lactose. This comprehensive formula contains lipase, proteases, alpha-galactosidase, hemicellulase, papain, lactase, and other key digestive enzymes. With over half of the population suffering from digestive issues, it is vital to understand gut functions and symptoms of poor digestive health. Digest's plant-based enzyme formula allows flexible dosing that can be adjusted for individual needs.

## CLINICAL APPLICATIONS

- Supports healthy digestion & nutrient absorption
- Enhances breakdown of lactose
- Supports pancreatic & small intestine functions
- Breakdown of macronutrients in beans & cruciferous

## Discussion

Once food leaves the stomach and enters the small intestine, digestive enzymes begin the monumental task of turning it into the building blocks and fuel that the body needs for structural support and metabolic processes. Produced primarily in the pancreas and brush border of the small intestine, these enzymes are vital to these organs for effective digestion and absorption. This assures that incompletely digested molecules and proteins don't enter the bloodstream where they may be recognized as "foreign" by a vigilant immune system.

Digest contains several principle digestive enzymes, as well as additional enzymes specific to breaking down plant compounds and fibers that humans would otherwise not be able to fully digest. The inclusion of ingredients, like alpha-galactosidase, in Digest supports the digestion of these plant-based compounds. This product also incorporates amylase, lipase, proteases, hemicellulase, and many other key digestive enzymes to provide a comprehensive, well-rounded formula that functions in a wide pH range in order to support and facilitate healthy digestion.

## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Protease (pH 3.0-9.0)	120,000 HUT	**
Papain (from papaya)	50,000 TU	**
Bromelain (from pineapple)	120 GDU	**
Amylase	4,000 SKB	**
Amyloglucosidase (glucoamylase)	30 AG	**
Cellulase	4,000 CU	**
Beta-Glucanase	50 BGU	**
Alpha-Galactosidase	400 GAL	**
Invertase	2,000 Sumner	**
Peptidase (29 DPPIV)	2,400 HUT	**
Pectinase	70 Endo PG	**
Lactase	700 ALU	**
Phytase	20 U	**
Acid Stable Protease (pH 2.0-3.5)	400 HUT	**
Lipase	1,200 FIP	**
Xylanase	300 XU	**
Hemicellulase	200 HCU	**

\*\*Daily Value (DV) not established.

**Other Ingredients:** HPMC (capsule), microcrystalline cellulose, stearic acid, magnesium stearate, silica.

### Additional Information:

**(30 capsules)** Manufactured in a GMP compliant facility and strictly followed GMP standards, each bottle meets the highest standards of safety, potency, and purity.

### Directions:

**Adults:** one to two capsules per day with meals.  
**Children:** one to two capsule contents sprinkled into food per week.

### Pairs well with:

Reset Program, Chill Pill, Boost or Immune Pack.

